



JUBAIL MANGROVE PARK PARTNERS WITH IMPERIAL COLLEGE LONDON DIABETES CENTRE (ICLDC) TO RAISE AWARENESS OF WORLD DIABETES ON SATURDAY NOVEMBER 13

- To raise awareness of the health condition that impacts millions of people across the globe, Jubail Mangrove Park (JMP) invites explorers in Abu Dhabi to take part in its *Blue Walk* on the November 13 between 4-7pm, where explorers engaged to be dressed in blue and white
- Visitors will have the opportunity for a complimentary diabetes screening at JMP on the November 13, to help contribute towards early detection of the condition

Abu Dhabi, 9 November 2021: Jubail Mangrove Park, the first self-contained educational, nature and leisure destination of its kind in the Emirate of Abu Dhabi has partnered with Imperial College London Diabetes Centre (ICLDC) to encourage residents lead a healthier lifestyle and prevent from Diabetes, on Saturday November 13, 2021.

The event which will run from 4-7pm will offer a complimentary diabetes screening for up to 200 people, whereby a team of trained ICLDC nurses will be on hand to help increase education on the condition as well as conduct the screening to help contribute towards early detection of the condition. Approximately 463 million adults (20-79 years) worldwide were living with diabetes in 2019 and by 2045 this is expected to rise to 700 million.

Early detection of pre-diabetes can lead to the prevention of diabetes, and the implementation of lifestyle changes can greatly reduce the risk of related complications. To continue to raise awareness, Jubail Mangrove Park asks explorers in the city to attend its *Blue Walk* on November 13 between 4-7pm, whereby guests are invited to visit the meandering boardwalk dressed in blue and white. The access price for the event is at regular rates with no extra fees and free of charge for the kids below 5 years.

Jubail Mangrove Park invites visitors to explore a haven for avian and marine species native to Abu Dhabi, nestled among the mangrove sanctuary. A meandering boardwalk takes you through the mangroves and allows you to discover Abu Dhabi in its essence. Visitors can enjoy a range of activities at Jubail Mangrove Park including day, sunset or full moon kayaking as well as yoga & sound healing sessions, all of which take place in the heart of nature.

For more information, please visit <https://park.jubailisland.ae/>

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About Jubail Island

The AED7 billion Jubail Island development will be an idyllic collection of villages located between Yas Island and Saadiyat Island and will become Abu Dhabi's leading sanctuary designed to appeal to wellness and nature enthusiasts, positioned amid the rich biodiversity of the mangroves.



The luxury project will span 2800 hectares, offering wholesome F&B outlets and a wide range of facilities, including a beach club, a business centre, a sports centre, schools, supermarkets, nurseries, a community club, specialised clinics and other commercial establishments, and will be home to more than 7,000 residents.

For more information, please visit <https://www.jubailisland.ae/>

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About Jubail Mangrove Park

Jubail Mangrove Park is the first self-contained educational, nature and leisure destination of its kind in the Emirate of Abu Dhabi. A meandering boardwalk takes you through the mangroves and allows you to discover Abu Dhabi in its essence. Jubail Mangrove Park is located on Abu Dhabi's Al Jubail Island. It is a 22-minute drive from Abu Dhabi International Airport, 14-minute drive from Yas Island, 21-minute drive from Reem Island, 24-minute drive from Al Khalidiyah, and 60-minute drive from Dubai Marina.

Visit <https://park.jubailisland.ae> for more information.